

# Everyday

full-spectrum CBD oil

1 ounce

**HB**Naturals  
PRODUCT INFORMATION PAGE



## product summary

250mg CBD Everyday is our pure, organic, Kentucky-grown, farm fresh full-spectrum CBD infused in organic Hemp Seed oil, Copaiba essential oil, Frankincense essential oil, and Peppermint essential oil.

- 277.8mg CBD per 1-ounce bottle
- 0.022% THC by weight
- Approximately 900 drops per 1-ounce bottle
- 0.31mg of CBD per drop
- Full Spectrum Whole Plant
- High Absorption Sublingual Delivery System
- Naturally Rich in Phytocannabinoids, Chlorophyll, and Terpenes

## ingredients

Unrefined Organic Cold-Pressed Hemp Seed Oil, Whole Plant Phytocannabinoid Rich Hemp Extract, *Copaifera officinalis* (Copaiba) Essential Oil, *Boswellia carteri* (Frankincense) Essential Oil, *Mentha piperita* (Peppermint) Essential Oil

## suggested use

- Shake well before use. Place 30 drops (1 full dropper or 1ml) under the tongue 1-3 times per day or as needed. Hold for 60 seconds and then swallow.

Concern	Weight of Person in Pounds					
	2-25	26-45	46-85	86-150	151-240	241*
Mild	4.5mg	6mg	9mg	12mg	18mg	22.5mg
Medium	6mg	9mg	12mg	15mg	22.5mg	30mg
Severe	9mg	12mg	15mg	18mg	27mg	45mg

## responsible cautions

- This product is not for use by, or sale to, persons under the age of 18.
- This product should be used only as directed on the label. It should not be used if you are pregnant or nursing.
- Consult with a physician before use if you have a serious medical condition or use prescription medications.
- A doctor's advice should be sought before using this and any supplemental dietary product.

\*The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.

Our products are manufactured from organically grown, non-GMO hemp, free of chemical fertilizers, herbicides, and pesticides. Our oil is tested multiple times during the manufacturing process for contaminants, heavy metals, mold, and cannabinoid content. Our phytocannabinoid-rich hemp oil is never imported or made from isolates.

We are Farm Bill 2018 FDA compliant. We uphold all state and federal standards and restrictions when it comes to CBD and hemp. Our products are tested by an independent, 3<sup>rd</sup>-party lab to ensure they are 100% compliant to purchase and market to others. Our CBD oil is made with hemp grown exclusively in Kentucky, as part of the Kentucky Hemp Pilot Program, on old tobacco farms that have been converted to cannabis farms.

## full spectrum matters

Every human possesses an advanced physiological system, the Endocannabinoid System (ECS). The ECS is a crucial regulatory system that is already making cannabinoid-like structures that foster cellular balance throughout nearly every biological system in the body. Research seems to indicate that the ECS might function more properly and efficiently in regulating vital biological functions like sleep, appetite, pain modulation, mood enhancement, and libido through the introduction of hemp-derived cannabinoids like CBD.

Full spectrum CBD oil includes a wide range of cannabinoids present in the hemp plant. Full spectrum means that all available therapeutic compounds a plant has to offer have been extracted.

Therefore, each drop of full spectrum CBD oil has all the same cannabinoids, terpenes, essential fatty acids, and vitamins & minerals present in the hemp plant.

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## ingredient highlights

**Copaiba:** We all have cannabinoid receptors found in our brain, organs, tissues, glands, and immune cells. Two types of receptors, CB1 and CB2, are present in many tissues although each is linked to a different action within the body.

CB1 receptors interact with THC (the active constituent in marijuana) and cause psychotropic effects. CB2 receptors, the target of both CannaBiDiol (CBD) oil and Copaiba essential oil, don't make you "high" when affected. Found mostly in the immune system, CB2 receptors assist with inflammation and certain kinds of pain when affected by cannabinoids.

Unlike CBD oil, which can contain varying amounts, Copaiba essential oil contains 0% THC. Copaiba oil contains high levels of beta-caryophyllene (BCP), a cannabinoid that interacts directly with the CB2 receptors in our body and may be neuroprotective and have cardiovascular and immune benefits. Beta-caryophyllene is also found, in lower levels, in other essential oils like Black Pepper and Melissa.

**Frankincense:** In the last few years, Western science has become aware of the ability of Frankincense to lessen the pain caused by rheumatism.

A study conducted at the University of Munich was able to prove the effects of Frankincense on joint pain. The age-old healing and incense-burning substance can give many people who suffer from rheumatism hope and help.

Other experiments, conducted at the University of Tübingen have also proven that Frankincense can reduce infections. According to pharmacological research, Frankincense has strong anti-inflammatory properties that could make it a natural remedy for arthritis, rheumatism, psoriasis, and asthma.

**Peppermint:** Unlike many other herbs and essential oils, numerous health benefits of Peppermint leaves and Peppermint essential oil have been studied and proven by the scientific community.

Peppermint essential oil is a mental as well as a physical stimulant. Peppermint contains nine expectorant compounds that help move mucus up and out of the lungs. Its main constituent, menthol, thins mucus, making the expectoration easier.

Peppermint also contains antiseptic, antibacterial, antiviral, and antimicrobial compounds making it effective with gingivitis, colds and flu, and respiratory concerns.

## terpenes & the "entourage effect"

According to Dr. John McPartland, "Cannabis is inherently polypharmaceutical and synergy arises from interactions between its multiple components."

This synergistic interaction is often referred to by scientists as the "entourage effect." Meaning the synergy magnifies the therapeutic benefits of the plant's individual components so that the medicinal impact of the whole plant is greater than the sum of its parts.

Terpenes, or terpenoids, are volatile aromatic molecules that evaporate easily and announce themselves readily to the nose. The pharmacological importance of terpenes has been emphasized by various researchers.

Both terpenoids and cannabinoids increase blood flow, enhance cortical activity, and kill respiratory pathogens. Dr. In a September 2011 report published in the British Journal of Pharmacology, Dr. Ethan Russo discussed the wide-ranging therapeutic attributes of terpenoids, which are typically lacking in "CBD-only" products.

According to Dr. Russo's article, cannabinoid-terpenoid interactions "could produce synergy with respect to treatment of pain, inflammation, depression, anxiety, addiction, epilepsy, cancer, fungal and bacterial infections."

Hemp Herbals Everyday naturally amplifies the effect of both the CBD and essential oils through the "entourage effect".