

SLIMMER OIL

Metabolic Blend

Slimmer is a proprietary blend combining essential oils known for their powerful abilities to naturally boost metabolism.*

When ingested in water or other beverages, Slimmer can assist in managing cravings and reducing the desire to overeat.*

Diffused or applied topically, its uplifting aroma promotes a positive outlook.*

Combined with a sensible diet and regular physical activity, Slimmer can assist with healthy weight management.*

Benefits

- Boosts metabolism*
- Decreases appetite*
- Reduces cravings*
- Promotes positive outlook*
- Supports healthy weight*
- Supports digestion*

Responsible Cautions

- Keep out of reach of children and pets.
- If you are pregnant, nursing, or under a doctor's care, consult a healthcare provider prior to use.
- Store away from sunlight, at room temperature, with the lid securely tightened.
- Possible skin sensitivity. If used topically, avoid sunlight or UV rays for up to 12 hours after application.

**The information in this document has not been evaluated by the FDA and is not intended to treat, diagnose, cure, or prevent any disease. This information is not intended as a substitute for the advice or medical care of a qualified healthcare professional and you should seek the advice of your healthcare professional before undertaking any dietary or lifestyle changes. This information is provided for educational purposes only.*



Application

Aromatic • Internal • Topical

Safety Group #2

Suggested Uses

Add 1 to 4 drops to 8 ounces of liquid first thing in the morning, and then again 15 to 30 minutes before each meal, to assist with managing appetite & cravings.*

To make Slimmer Skinny Water, add 1 to 4 drops along with 1 scoop of SLIMMER Healthy Weight Management in 8 fluid ounces of water. Drink at least 1 gallon per day.*

Add several drops to fruit smoothies, or protein shakes for a delicious citrus flavor.*

Diffuse as desired for a clean, uplifting aroma.*

Apply topically, diluting with carrier oil to minimize skin sensitivity, as desired, for a fresh, energizing scent.*

Ingredients

Citrus paradisi (Pink Grapefruit), Citrus limon (Lemon), Cymbopogon citratus (Lemongrass), Mentha piperita (Peppermint), Zingiber officinale (Ginger Root)